



RANGEEN
KHIDKI

**OPENING A WINDOW
INTO A MORE INCLUSIVE,
EQUITABLE AND
EMPATHETIC WORLD.**

ABOUT RANGEEN KHIDKI FOUNDATION

Rangeen Khidki is a registered non-profit organization based in Kolkata, India. We work with adolescents and young people in the thematic of Sexual and Reproductive Health and Rights, PoSH Awareness using the lenses of gender equity and youth leadership in and around Kolkata and interiors of West Bengal.

Rangeen Khidki was officially born in Feb 2020 when the founding team members decided to take their half decade's expertise and channelise the ongoing work in the spaces of SRHR, Gender Rights and CSE programs designed for children in schools from an individual level to a team effort of Rangeen Khidki.

An organization dedicated towards effective ways of capacity building and life skill development in the communities with gender justice in its core, Rangeen Khidki is a group of young professionals working together with the aim to build innovative ways to educate and empower communities on human rights perspective.

Rangeen Khidki works with urban as well as rural youth across all gender expression spectrums on Gender, Sexual Reproductive Health Rights, mental health, education and life skills.



RANGEEN KHIDKI'S VISION

Rangeen Khidki envisions a world where all adolescent and young persons across all gender and diversities can access education, information, services and support related to their physical and mental well-being and can grow to their fullest potential as leaders.

RANGEEN KHIDKI'S MISSION

Rangeen Khidki works towards gender justice and empowerment with a rights-based approach to enhance leadership, build networks in advocacy and work towards entitlements, dissemination of knowledge in community.

RANGEEN KHIDKI'S VALUES

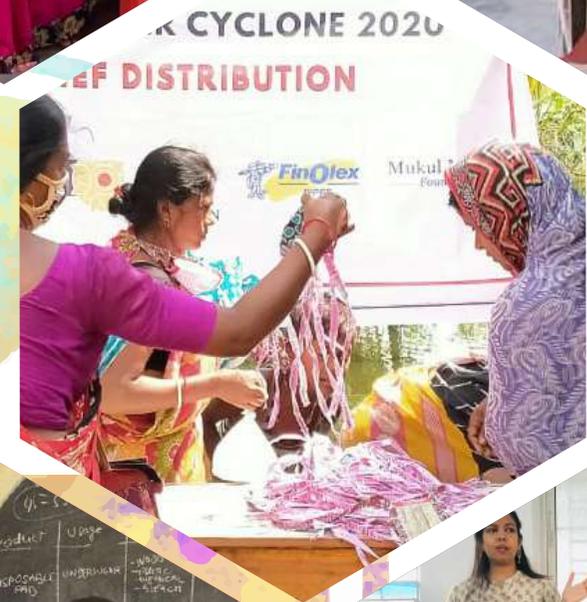
We work to create a safe space based on trust, equity, transparency, inclusivity and sustainable systems.



OUR JOURNEY SO FAR

Rangeen Khidki has worked with adolescent boys, girls and young people since inception to build knowledge bases and influence behavioral change through our workshops, events and programs. We have run campaigns and programs reaching more than:

- **1500** adolescent girls in schools, villages and slums through our workshops
- **28,000** young women and girls with access to menstrual kits in our relief campaigns.
- **60** adolescent boys in villages through our sexuality education and WASH workshops.
- **100+** professional have been trained to use the gender equity lens in their ongoing work and make their programs gender inclusive
- **1800** young persons were reached through our fellows and educators
- **20** partners with whom we have created a knowledge and support network to increase our outreach to young people.
- More than **30,000** persons reached indirectly.



OUR THEORY OF CHANGE

Vision: Rangeen Khidki envisions a world where all adolescent and young persons across all gender and diversities can access education, information, services and support related to their physical and mental well-being and can grow to their fullest potential as leaders

Impact

Adolescents and young people make informed choices about their bodies, health and lives

Adolescents and young person's experience sexual and reproductive well-being and grow up to be empowered leaders contributing to nation building

Results

Young people access better sexual & reproductive health related information

Reduction in gender-based violence through gender education as young people learn to value gender equity and respect all identities

Creation of safe spaces for young people where they can discuss, build perspectives around sexuality & health through leadership & peer learning

Reduced incidences of women centric contraceptives, unsafe abortion related mortality, teen pregnancies

Service providers and medical professionals take greater action to address the SRH needs of young people and provide inclusive services

Better services, safety and opportunities for women, trans, non-binary and queer individuals to access opportunities and live a dignified life

Greater opportunity for all young persons to achieve a stigma free and healthy life

Outcome

Adolescents and young persons from all gender and identities will have knowledge about their own bodies, human rights, sexual and reproductive health leading to them making informed choices about their bodies, lives and relationships

Young people will identify and lead changes in their communities through peer learning, peer education and partnerships to address gender inequity, respecting diversity and inclusion of all identities

Shift in mindset and attitude in communities and families pertaining sexual health, sexuality education, bodily autonomy to prevent abuse, early marriages, teen pregnancies, unsafe abortions, STI/RTI cases etc

Service providers would be understanding and accommodating the needs of adolescents, young married/unmarried people to provide them with treatment without judgments or shaming

Strategies

Mobilise and empower young people through leadership programs centered around peer learning for better access services, information and informed choices through workshops.

Build capacities to make decisions about their bodies among adolescents & young persons across gender and intersection of existing diversities

Capacity building of stakeholders like parents, teachers, CSOs, service providers to understand the need of young people in respect to their bodies, to support availability of services and information without stigma, taboo or judgement

The Issue

Adolescent and young persons are unable to access accurate information about their bodies, sexual and reproductive health as well as non-judgmental services. This inaccessibility increases proportionately with marginalization of gender and other diverse identities owing to deeply entrenched taboo, stigma around age, gender, sexual health, bodily autonomy. This affects a young person's ability to make informed choices about their bodies as well as lives causing mental and physical distress and impacting their ability to participate holistically in the growth of the nation

OUR ALIGNMENT AND GLOBAL PRORITIES

Rangeen Khidki aims to integrate its Programs and Policy initiatives in tandem with Sustainable Development Goals of Global Health and Wellbeing (SDG 3), Gender Equity (SDG 5), Clean Water and Sanitization (SDG 6), Reduce Inequality within and among countries (SDG 10), Sustainable Cities and Communities (SDG11), Strengthen the means of implementation and revitalize the global partnership for sustainable development (SDG 17).

To achieve such Global priorities at larger, RKF will work with prominence to:



01

Ensure sexual and reproductive health & overall well-being for all ages.



02

Foster equality for all genders including marginalised genders identifying as trans*, intersex, non-binary, gender fluid individuals.



03

Promote menstrual health and hygiene is largely under the larger ambit of Water and Sanitation thematic (WASH) therefore advocates for availability and sustainable management of water and sanitation facility for all.



04

Focus on contributing to ensuring equality for all communities using intersectional lenses thereby recognizing existing barriers of class, caste, race, ethnicity, disability, gender, sexuality and developing interventions to overcome the barriers.



05

Promotes the usage of sustainable products to manage menstruation directly impacting management of menstrual waste and contributing to greener urban and rural spaces.



06

Advocacy for inclusive and safe spaces for people from all gender, sexuality, caste, class, disability, ethnicity and race.



07

Create global partnership for sustainable development, supported by multi-stakeholder partnerships that mobilize and share knowledge, expertise, technology and financial resources, to advance our cause.





OUR PRIORITIES IN 2020-2023

Our Theory of Change takes an integrated and multi-faceted approach, acting on multiple levels (individual, community, institutional and societal) with diverse actors. We strive to achieve our ultimate goal through program strategies undertaken with key actors and influencers, also known as drivers of change. We believe the best way for us to catalyze impact at scale for progress is to put our Theory of Change into practice. When we pair delivery of our innovative and participatory programs with targeted advocacy to inspire those who can help us move the needle, we can facilitate a process where young people feel empowered and confident to make informed choices in their lives and grow to their fullest potential by accessing and ensuring their rights and entitlements.

OUTCOME 1

Adolescents and young persons from all gender and identities will have knowledge about their own bodies, human rights, sexual and reproductive health leading to them making informed choices about their bodies, lives and relationships

CATALYSING STRATEGIES

Training/Awareness designed through interactive means for adolescents, young persons and stakeholders across all identities.

Enable creation of safe spaces where young people can deliberate, discuss and build perspectives about bodily autonomy, human rights, reproductive and sexual health

Engaging stakeholders in behavior change communication strategies

ASSUMPTIONS

Capacity to make informed choices.

Improved access to accurate information about sexuality that is in line with their needs and circumstances.

Facilitate access to services and amenities and entitled to exercise rights on without discrimination

Comprehensive Sexuality Education, targeting children and youth contributing in building values of respect thus reduce sexual violence, early marriages, ill-informed choices.

Develop intersectional perspectives and sensitivity in issues pertaining to gender justice and equity

OUTCOME 2:

Young people will identify and lead changes in their communities through peer learning, peer education and partnerships to address gender inequity, respecting diversity and inclusion of all identities

CATALYSING STRATEGIES

Mobilise young people to advocate for inclusive and judgment free access to information pertaining to their bodies, rights and lives

Empower young people to engage with existing policies and laws to express their challenges and concerns

Knowledge dissemination through programs, trainings and workshops

Mentoring and handholding while advocacy and other forms of engagement at local communities

ASSUMPTIONS

Peer learning and leadership create a space for young people to engage with laws and policy pertaining to human rights, SRH and gender justice

Informed decision making and healthier life choices leading to better quality of life

Ensure active participation of young people in policy and decision making for an equal stakeholder

Young people develop the ability to view social processes with diversity and inclusion lenses and take affirmative action to lead social changes in their communities

OUTCOME 3:

Shift in mindset and attitude in communities & families pertaining sexual health, sexuality education, bodily autonomy to prevent abuse, early marriages, teen pregnancies, unsafe abortions, STI/RTI cases etc

PROGRAM STRATEGIES

Training and capacity building of communities, families and other stake holders

Facilitating a safe space for youth for self-expression within existing community, education and family set ups

ASSUMPTIONS

Equal opportunities for women, trans, non-binary and queer individuals to access opportunities for leading a dignified life

Facilitating process of social actions and reform Initiatives

Reduced incidences of gender-based and identity-based violence in communities, healthcare and education institutions

OUTCOME 4:

Service providers would be understanding and accommodating the needs of adolescents, young married/unmarried people to provide them with treatment without judgments or shaming

CATALYSING STRATEGIES

Building capacity of key health service providers

Collaborating with health-care units/ facilities to ensure more holistic coverage of needs of adolescents and young person's especially when it comes to sexual and reproductive health

ASSUMPTIONS

Support medical professionals and institutions in creation of safe and non-judgmental space for service seekers

Promoting cost-effective solutions to increase SRH in health care systems

Strengthening accountability of service providers and policy makers in contributing towards a sustainable and resilient health care system that meets the needs of the young persons

Reduced incidences of teen pregnancies, lesser focus on only women centric contraceptives, reduced incidences of unsafe abortion related mortality as young people have access to information and judgment services

**Rangeen Khidki is a non-profit organization registered as a section 8 company under the Indian Companies Act 2013. We are registered under the 80G and 12AA provisions of the Income Tax Act, 1961. All donations made to Rangeen Khidki Foundation stands eligible for Tax Exemption.





OUR GEOGRAPHICAL LOCATION FOR INTERVENTION:

Rangeen Khidki is physically based out of Kolkata but we aim to expand our interventions Pan India in next few years.

WHO WE ARE:

We have a dedicated team of experienced professionals, interns and volunteers governed and supported by team of experts at their own arena.

HOW WE DO WHAT WE DO:

- Feedback Mechanisms as a learning process.
- Periodic Monitoring intervention with adequate handholding.
- Disseminating and Documenting Good Practices and Achievements.
- Zero Tolerance to Sexual Harassment or any other workplace harassment.
- Promoting inclusivity and respect diversity.

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GET INVOLVED

DONATE

Rangeen Khidki is a feminist rights based organisation and we are always looking out for donors and funders who can come on board. If you resonate with our cause, want to know about programs, projects, interventions and want to support us please connect with us.

You can also support us directly. Feel free to write to us at reachus@rangeenkhidki.in to know our bank details.

COLLABORATE AND PARTNER

Rangeen Khidki believes that marginalised voices and issues amplify only when many such voices come together. We are always looking out for collaboration and exchanging knowledge to make a bigger impact. We can offer our services in helping you design programs, implement, and monitor projects for you. Have an idea? Connect with us.

VOLUNTEER

Rangeen Khidki is a small team of professionals and we are always looking for dynamic individuals helping us and taking our cause forward. If you like what we do and want to be involved, share your interest and expertise through email: reachus@rangeenkhidki.in





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